

Recycled Parts 4 Art
Jeri Bellini

Crochet (Head) Bands for Caregivers/Mask wearers

Supplies Needed:

**Crochet Hook: Size 5mm or J (experiment with other needles if you crochet tight or loose)

**Cotton worsted weight, like Sugar and Cream, is recommended but I am thinking you could use anything that is washable and the wearers did mention they might add bleach to the wash.

Directions:

~ Chain 30, Half double crochet (HDC) into the 3rd chain from hook, then across into each chain to second last.

~ 3 HDC into last chain.

~ Now turn the corner and start crocheting back along the opposite edge ~ 1 HDC into the opposite side of the chain and one HDC in each stitch back to beginning.

~ 3 HDC back where you started.

~ Finish off and weave in ends.

~ Sew on 2 ~ 3/4 to 1 inch buttons on each end.